



Gokhale Education Society's
COLLEGE OF EDUCATION AND RESEARCH



Parel, Mumbai – 400 012.

Permanently affiliated to University of Mumbai, NCTE Recognised, UGC 2f 12B,
ISO 9001:2015 Certified, NAAC accredited A grade in 3rd Cycle

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COMPETENCY AND SKILL DEVELOPMENT 2.4.7

Parel, Mumbai - 12

REFLECTIVE JOURNAL

YEAR: 2021-2023

SEMESTER IV

Name of School: SHRI MAMMA BAI
HIGH SCHOOL

Name: PRIYA TOMAR

ROLL No.: 104 (S.Y. B.Ed)

Guided by: Dr. Sangeeta Patkar



A handwritten signature in blue ink, appearing to be "Sangeeta Patkar".

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A handwritten signature in blue ink, appearing to be "Priya Tomar".

DATE: 13/03/

NAME OF ACTIVITY: OPEN BOOK EXAM SUPERV

Self-Reflection It promotes understanding rather than memorization.

What happened (POSITIVE AND NEGATIVE)? (Describe)

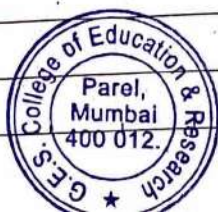
On 13th Mar 23, I supervised the OPEN BOOK of Maths subject in VI-B class. The Exam was 45 minutes. Four questions on Profit and Loss was given to students and they were allowed to open their Maths textbook.

Why it happened, what it means, how successful it was: Open book exams offer an intricate set of tricky, and case study-based questions. It calibrates the problem-solving skills and dynamic memory of students. Such exams trigger critical thinking where students focus on understanding and analyzing concepts.

What you (Personally) learned from the experience: It improves the quality of learning. It promotes the practice of understanding the concepts rather than blindly memorizing the answers.

You: This leads to self-knowledge.

I learnt that OBE reduces the overall stress on students, that they have to learn each and everything from their subject matter for finals.



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Stud:

NAME OF ACTIVITY: G.K. Quiz

Self Reflection It helps in building self confidence in class

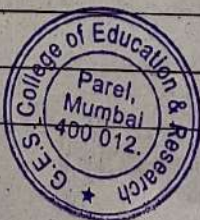
What happened (POSITIVE AND NEGATIVE)? (Describe)

On 14th Mar 23, I and Swapnali conducted a G.K. Quiz in VIII class. First we made three groups and named them TEAM A, B, C. We asked them questions based on history, geography and science to one by one to each team.

Why it happened, what it means, how successful it was
It helps to develop team spirit and leadership. To make students confident and engage them in discussion. We clear their doubts, so that they develop a better understanding.

What you (personally) learned from the experience. (EVALUATION)
I have learned that it encourages the students to think critically and then answer. It makes students to be responsible for their answers/actions. It is a good platform for discussion.

YOU: This leads to self-knowledge.
This helps me to learn how to conduct a quiz in the class. It also helps me to learn class control and maintain the class decorum and give equal opportunity to each student.



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Student

DATE: 14/03/23

NAME OF ACTIVITY: CRAFT TEST (Aeroplane)

■ Self-Reflection It helps to enhance student's creat and hand-eye coordination.

● What happened (POSITIVE AND NEGATIVE)? (Describe)

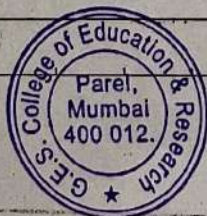
On 14th Mar 23, I supervised the Craft Test in VI class. Drawing Teacher has gave TOPIC: Aero to the students. All students have brought Craft from home. All the students were creative and engaged in making aeroplane using Craft paper.

● Why it happened, what it means, how successful it was. It happened to test how much students had lea in Craft class. It helps to enhance student Creativity and to develop hand-eye Coordina: All students were involved in the activity.

● What you (Personally) learned from the experience. (Eva I learnt that Craft can be used to teach 3D objects to the lower class. I learnt that in Craft each step is important to achieve the end goal. Every folding of the paper is imp.

● YOU: This leads to self-knowledge. I can use Craft while teaching my subject. This will increase their imagination power. I learnt about how to conduct Exam and evaluation of results.

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Student



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DATE: 15/03/23

NAME OF ACTIVITY: EXTEMPORE COMPETITION

Self Reflection To make the students Confident and provide them platform to share their view points.

• What happened (POSITIVE AND NEGATIVE)? (Describe).

On 15th Mar 23, I and Manjuka Desai conducted Extempore Competition in IX-A class. We prepared the chits, wrote the topics on the chits and asked students to pick up one chit and accordingly prepare a speech for it. We gave them 10 minutes for preparation. Students actively participated in the competition.

• Why it happened, what it means, how successful it was. (We conducted this competition to make the students Confident and better orators so that they can fearlessly express their views on any topic. The students greatly enjoyed the activity and displays a sincere hope.


• What you (personally) learned from the experience. (Even we should timely provide such platform to the students to enhance their communication.

• You: This leads to self-knowledge.

Extempore is an excellent way to assist students not only in spontaneous thinking but also in asserting their creative ideas with precision.



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Student

NAME OF ACTIVITY: PUZZLE ACTIVITY

● Self Reflection To enhance Brain storming and critical

● What happened (POSITIVE AND NEGATIVE)? (Described).

On 17th mar 23, Suddha Naidu conducted a Puzzle activity in which a problem is presented to the students with math sticks or pens and the students have to replace one of the stick to make a balance equation.

● What it happened, what it means, how successful it is. Puzzle activity develops memory skills as well as ability to plan, test ideas and solve problems. Completing a puzzle, children need to remember colours, position and strategies to complete them. They were very enthusiastic and active.

● What you (personally) learned from the experience. (CE) I observed that the students were very much in thinking or coming up with the solutions for the presented. This activity gave the students a small exercise which is essential for better growth.

● You: This leads to self-knowledge.

It was a refreshing experience for me to conduct an activity in class. It gave me a better understanding how such brain developing activities can help boost attention, memory and problem solving skills in students.



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NAME OF ACTIVITY: WORD CHAIN

Self Reflection The Activity helps in improving student vocabulary and student learn new words.

• What happened (POSITIVE AND NEGATIVE)? (Described)

On 20th Mar 23, I conducted word chain activity in class VI-A. I gave instructions to the student about the activity and started it by writing a 9th word on the blackboard. Students had to make a new word with the last letter of the previous word.

• Why it happened, what it means, how successful it was. The students were very active and enthusiastic about the activity. They were recalling difficult words and making use of it in the activity. It improved their spellings, pronunciation and recalling skills.

• What you (personally) learned from the experience. (Evaluate) I have learned that each student poses a lot of potential and it is important that their potentialities are attended and given a chance to be showcased. This activity helped students learn new words.

• You: This leads to self-knowledge.

I understood that it is important to give importance and value to all-round development of students.

I understood that each student has potential and they all should be given opportunities to showcase it.

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Student



NAME OF ACTIVITY: ENGLISH CHORAL RECITATION

Self-Reflection Student learn Coordination and Rhyth.

• What happened (POSITIVE AND NEGATIVE)? (Described)

The school had organised a choral recitation of English for students of class V to IX. The whole class had to participate for the choral recitation and all the participants were judged by the Principal and nominated for 1st, 2nd and 3rd Rank.

• Why it happened, what it means, how successful it was. (The audience consisted of the teachers, the other classes and the honourable judges. All the class students performed very well, their co-ordination and Rhythm was good.)

• What you (personally) learned from the experience (Evaluate) I learned how important it is to give students the opportunities to come and showcase their talents on stage along with their own classmates. It boosts confidence, reduce stage fear among students.

• You: This leads to self-knowledge.

I learnt how to train the students to work together, co-ordinate with each other, perform together.

I learnt that such competition should inculcate positive sense of competition and motivate students to do better.